



**The Dementia Engagement
and Empowerment Project**

***DEEP (dementia engagement and
empowerment project)
helping to connect involvement groups
of people with dementia***

November 2015

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Peter Ashley – A Tribute

Many members of DEEP will know Peter Ashley who sadly died this month.

Peter lived with a diagnosis of dementia with Lewy Bodies for many years and was a tireless campaigner for the rights of people living with all forms of dementia.

Peter supported DEEP and was an influential member of the project advisory group for DEEP for the last three years.

He will be missed by everyone. Thank you Peter.

Our DEEP Celebration Event

On 10th November, representatives from 14 different DEEP groups met in Birmingham to celebrate the last three years of DEEP and to look forward to the next four years.

The groups shared highlights and outcomes of recent work including:

- projects are both local and national as is funding.
- making friends and being with other people who understand is very high in importance.
- other activities the groups are involved in were mentioned such as a choir, reading groups and a new dining out club.
- whilst some groups are very new, others reported celebrating 3rd or 5th anniversaries.
- many groups still need more local support.
- The Irish Dementia Working Group was represented and Chris Roberts reported that he is working with Alzheimer's Society to think about an English and Welsh Working Group.

The future of DEEP

We also talked about some of the issues for DEEP in the next four years. These include:

- How to support the DEEP network that is growing very quickly?
- Who makes the decisions about what the network does?
- How do we make groups sustainable in terms of funding, membership and staff support?
- How do we increase our influence?
- How do we get a wider range of people involved?
- What areas do we want to focus our campaigning on?

With thanks to...

Educate (Stockport), Surf (Liverpool), Redditch and Bromsgrove Friends Together, East Kent Forget Me Nots, Oldham Springboard, Like Minds in Oxfordshire, Bradford FIT, York Minds and Voices, Open Doors (Salford), Kent SUNshiners, Oxfordshire Empowerment Group

Want to know more?

A fuller report is on the DEEP website – www.dementiavoices.org.uk

If you have any comments or suggestions about any of the issues for DEEP in the future, please contact either Nada or Steve (contact details at the end of the newsletter).

All in the Mind Awards

BBC Radio 4 are looking for entries for their second All in the Mind Awards – with nomination categories for Individuals, Professionals or Projects with winners to be announced at a ceremony in London, June 2016.

You can read more about the awards and how to enter here:

<http://www.bbc.co.uk/mediacentre/latestnews/2015/r4-all-in-the-mind-awards>

Young Onset Dementia Film

Young Dementia UK have joined forces with other DEEP groups to make a film about young onset dementia.

Making a point about young onset dementia

The film includes footage from Young Dementia UK's Tea & Talk event and audio recordings from the Dementia Diaries project.

Watch the film on You Tube

<https://www.youtube.com/watch?v=rrYohqK1maQ&feature=youtu.be>

The film was used to open the Young Dementia 2015 conference at UCL in London earlier in the month.

Is your group involved in training?

Leeds Beckett University is carrying out a research project called "What Works", commissioned by the Department of Health, on behalf of Health Education England and supported by Skills for Care and Skills for Health.

You can complete the online survey at

<http://surveys.leedsbeckett.ac.uk/snapwebhost/s.asp?k=144164011764>

They have been asked to find out about the most important ingredients for effective dementia training and education.

DEEP Update redesign

At the DEEP event, some people said that the DEEP Update is not that easy to read.

Are you or is one of your group a budding designer? We are looking for volunteers from DEEP groups to help redesign the DEEP newsletter – **please contact Nada if you are interested** nada@myid.org.uk

Contact update

As we mentioned in our last newsletter, Rachael is on maternity leave until the Spring so Steve and Nada are your main contacts (details below).

Our administrator Kate is looking after lists and mailings – you will have received several already from her this month including a request to check your group's contact details and confirm you are still actively involving people with dementia – please do have a look at this when you can so we can ensure everything is up to date for the new DEEP coordinators joining us soon.

Keep in touch

Let us know about your work – it is great to share it through the DEEP Update.

Here are the contact details for Steve and Nada:

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