



**The UK Network of
Dementia Voices**

DEEP *engages and empowers
people living with dementia to
influence services and policies
that affect their lives*

September 2016

Hello and welcome back after the Summer break – it's been great to see so much happening via Twitter, Facebook and the network of websites including

www.dementivoices.org.uk.

These photos show our own Rachel Niblock at the University of South Wales Dementia Conference 2016 along with David and Dorothy Samuel from Kymin, Teresa Davies from North Wales, Nigel Hullah from Fuse & Muse and Chris and Jayne Roberts from Halycon Quest.



In this month's Update:

network news:

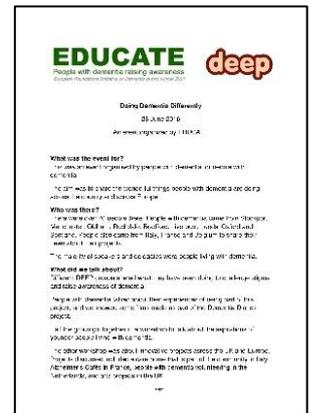
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EDUCATE – Doing Dementia Differently

In June, EDUCATE held a workshop attended by 70 people, half of whom were living with dementia. It was inspiring to witness the level of participation by people with dementia. Projects from the North West, Oxford, Scotland, Yorkshire, Italy, Belgium and France made for a fascinating exchange of ideas and experience.

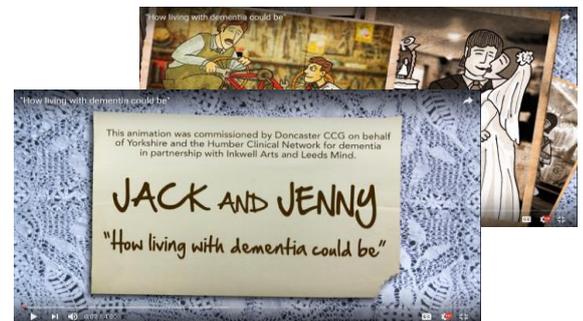


You can see a summary report of the event here:

<http://dementivoices.org.uk/deep-groups-news/doing-dementia-differently/>

How dementia could be – Jack and Jenny’s Story

The dementia pathway can be difficult to understand due to the complexities of the disease. Any approach has to consider not just issues surrounding the person but also the carer and family, the community and the many services involved in caring and supporting the person with dementia.



A short animated video showing how a dementia pathway could be, has been commissioned by Doncaster CCG and the Humber Clinical Network for Dementia and has been developed by Inkwell Arts Media and Meeds Mind.

Click here to watch: <https://www.youtube.com/watch?v=5h4IV1IVjM8>.

Living Through Landscapes

Living Through Landscapes is a pioneering project to support people with dementia by transforming outdoor spaces at 30 care homes across the UK. The project is a partnership between Learning Through Landscapes, the Society for Horticultural Therapy known as Thrive, Groundwork, AgeUK and the University of Kent.



You can learn more about the project at www.dementiagarden.org.uk.

have your say...

Feedback wanted on the design of the built environment

Do you have views on the design of the built environment and how it could be improved for people with dementia? The **BSI (British Standards Institute)** is developing new guidelines for the inclusive design of the built environment.

Dr Katie Gaudion and Faith Wray, two researchers from the Helen Hamlyn Centre for Design would like to talk with people with dementia and carers.

If you would like to be interviewed, please email faith.wray@network.rca.ac.uk.

Interviews will take no more than 1 hour. They are willing to meet you or to talk on the telephone. If you would like to see the questions beforehand, this can also be arranged.

People with dementia being Experts by Experience

Experts by Experience is a term for someone who has experiences of using health or social care services. The Expert by Experience uses this experience to take part in Care Quality Commission inspections. Experts by Experience help the CQC Inspector to find out about the quality of a service. A service might be anything from a hospital to a care home.

Our friends at Kate Mercer Training are interested in supporting people with dementia to be Experts by Experience.

Kate Mercer Training are hoping to work with the DEEP network. They are looking for people with dementia who are interested in becoming Experts by Experience. They want to work with the DEEP network to find out what training and support people with dementia would need to do this work.

Kate Mercer Training are also hoping to make contact with family carers of people with dementia who would like to be Experts by Experience themselves or would like to support a person with dementia to have this role.

If you have experience of this role or are interested in finding out more, please contact kate.mercer@katemercer-training.com / 07876 158276 or nada@myid.org.uk.



Experts by Experience

What is an Expert by Experience?
An Expert by Experience is someone who takes part in CQC inspections to help the inspector find out about the quality of a service. Because Experts have first-hand experience of services, they often have great insight and know what questions to ask people to find out what a service is like.

Is this you?
We want to hear from people who have used – or have a family member who has used – health and/or social care services within the past 5 years. Get in touch with us if you have this experience and would like to get involved in the inspection of health and care services. You don't need to have formal qualifications or professional experience (although you may have this too). What is more important is personal insight and a desire to talk to people to find out about their experiences of receiving a service.

You will receive.
We will offer you a full package of support including training, payment and ongoing support.

For more information: Tel: 07876 158 276
kate.mercer@katemercer-training.com
<http://www.katemercer-training.com/experts-by-experience/>

KATE MERCER TRAINING
Get inspired

Human Rights for people living with dementia – a petition

Nigel from one of our new groups, Fuse & Muse in Swansea, has asked if you might consider signing this petition – he says: “This campaign means a lot to me and the more support we can get behind it, the better chance we have of succeeding.”

You can read more and sign the petition here:

<https://you.38degrees.org.uk/petitions/human-rights-for-people-living-with-dementia>

Station changes – are they affecting you too?

Members of Memorybilias are worried about changes to their local railway and have written to them with their concerns. They are keen to know if other groups have similar concerns. If so, please contact Paul or Rachel so that we can collate evidence from across the DEEP network.

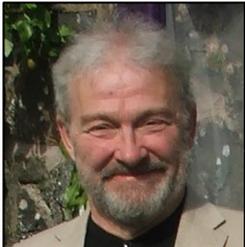
new groups

Please welcome the following new groups to the network:

- Me, Myself & I, Neath
- Fuse & Muse, Swansea
- Halcyon Quest, Rhuddlan
- Abbeyfield, Winnersh

keep in touch

Let us know about your work – it is great to share it through the DEEP Update. Here are the contact details for Rachel and Paul:

<p>Rachel Niblock Southern Co-ordinator E: niblock@myid.org.uk T: 07720 538851</p>		<p>Paul Thomas Northern Co-ordinator E: paul@myid.org.uk T: 07510 284760</p>	
<p>www.dementiavoices.org.uk</p>		<p>@DementiaVoices</p>	