



The Dementia Engagement  
and Empowerment Project

***DEEP (dementia engagement and  
empowerment project)***  
*helping to connect involvement groups  
of people with dementia*

February 2016

We have had several conversations recently about ways of linking DEEP groups, resources and support with a view to sharing news, best practice and as one person said, so we don't have to re-invent the wheel!

With this in mind we are pulling together a database specification and would welcome your thoughts and suggestions on how this might work and what you might expect to be able to get from it for example: resources, publications, project information from other groups, grant news and opportunities, etc.

Also, following our comments last month on audio files – did you know PDFs have a read-aloud option? Open in Adobe, click on View, then Read Out Loud – this may work for some of our readers while we continue to investigate other options.

In this month's Update:

**network news:**

- DEEP Co-ordinator Update **p1**

**network support:**

- Setting up a new group – DEEP Guide **p2**
- New NICE Guide for older people **p2**

**have your say...**

- Memorybilia – who are we? **p3**
- Video resources for carers **p3**
- New mobile dementia hub **p3**
- Through My Eyes **p4**
- Best practice sharing request from Dementia NI **p4**
- Group networking from Like Minds **p4**

## DEEP Co-ordinator Update

We are really pleased to confirm that Rachel Niblock will be joining us as a DEEP Co-ordinator for Southern England and Wales in April. Rachel will support the development of new DEEP groups, as well as providing guidance and finding opportunities for existing groups to develop and work together.



We are now about to begin recruitment of a Scotland, North of England and Northern Ireland DEEP Co-ordinator. The post will be based in Scotland. As soon as we have finalised interview dates we will begin advertising, and will let you all know via email.

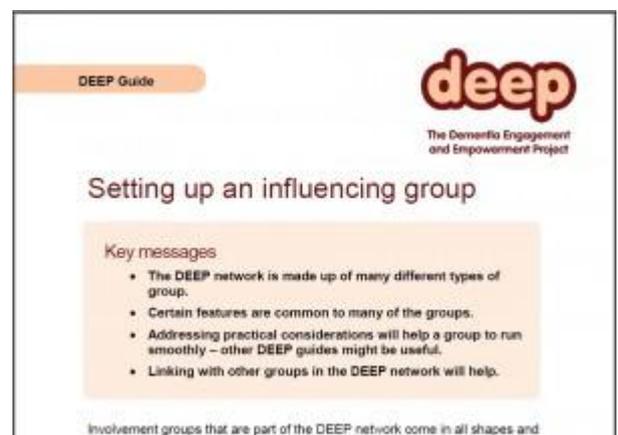
## network support

---

### Setting up a new group – DEEP Guide

Groups that are part of the DEEP network come in all shapes and sizes, but some things are common to all.

A new DEEP Guide has recently been produced containing information on setting up an influencing group. It also contains common features of groups in the DEEP network and some practical ideas for running a group smoothly. Click [here](#) for a PDF version of the Guide.



### New NICE Guide for older people

The National Institute of Health and Care Excellence (NICE) has recently published some new guidelines covering planning and delivering social care for older people who have multiple long-term conditions. The Guide promotes an integrated and person-centred approach to delivering effective health and social care services. Download a copy here: <https://www.nice.org.uk/guidance/ng22>

## Memorybilia ~ who are we?

How do you advertise your group? Memorybilia have recently produced this flyer outlining venue and contact information as well as some information on what the group covers.

Consider sharing your online and paper publications with other DEEP groups on the website and in the Update – you may pick up some good ideas!



## Carer video resources available

A couple of years ago the Doncaster Dementia Forum commissioned a number of videos to support the development of carer resilience and improve staff and professional understanding.

This resource has gone from strength to strength and now has over 250 short videos covering several themes.

If this is something your group might benefit from, please have a look and share:

<http://www.dementiacarer.net/>

## Plans for new mobile Dementia Hub in Lancashire

As part of a collaborated effort from several key service providers, Lancashire Dementia Voices have announced plans to set up a new “Dementia Hub” mobile facility to enable people affected by dementia and carers to drop in for support (including information, legal, advanced care planning, therapies, adaptive technology) and a chance to talk with those who have already been affected by dementia, all under one roof.

These sessions will be every second Friday of each month at the Mill at St Catherine's Park in Preston.

Please contact Like Minds direct for further information:

<http://lancshiredementiavoices.org/>

## Through My Eyes

The film (looking to show what it can be like living with dementia) developed by Lancashire Dementia Voices with help from DEEP funding is now available free to any DEEP group – simply fill in an online request on their website to request a copy: <http://lancshiredementiavoices.org/>.

## A call for help from one of our newer groups...

Dementia NI are looking for best practice ideas in pulling together a guide on welcoming new members – if you have something you would be happy to share, please contact Ashleigh ([ashleigh@dementiani.org](mailto:ashleigh@dementiani.org)).

## Group Networking

Like Minds and members of EDUCATE are holding a workshop in March for DEEP members in Oxfordshire and DEEP groups from the surrounding areas to share ideas and ways of working with a view to presenting back findings at the 2016 Dementia Congress.

Please contact Like Minds direct for further information:

[www.youngdementiauk.org](http://www.youngdementiauk.org)

## keep in touch

---

Let us know about your work – it is great to share it through the DEEP Update.

Here are the contact details for Steve and Nada:

### Steve Milton

E: [steve@myid.org.uk](mailto:steve@myid.org.uk)  
T: 07549 944795



### Nada Savitch

E: [nada@myid.org.uk](mailto:nada@myid.org.uk)  
T: 07549 921901

