

Empowerment Group

Day Care Services in Reading: We visited the Rivermead Leisure Centre in Reading which is undergoing considerable renovation, particularly as Reading Day Care Services will be relocating there in November 2016. This gave us an opportunity to visit and give our views on the plans for the future. We have been following their progress and look forward to visiting the centre once the renovations have been completed and the Day Care Services are opened.



Making Venues Dementia-Friendly

We have visited several theatres and venues including The Progress Theatre, Reading and Southill Park Theatre, Bracknell to give advice and ideas on how to make their venues more welcoming to people with dementia and their carers.



Getting involved in research.

Researchers from the University of Reading have visited our group to discuss a variety of studies such as how to improve the presentation of medication, whether fasting and diets have an impact on how the memory works and how books can be made more accessible to people with dementia.

If you would like to get involved with the Empowerment Group please call:
Louise Keane on 0118 957 11 83 or louise.keane@alzhiemers.org.uk

Empowerment Group

The Empowerment Group was set up to provide people with dementia an opportunity to have their say about issues that are important to them

We meet every third Monday of each month at the

Kennet Valley Free Church, Carter's Rise, Calcot, RG31 7YT at 1:30pm.

Here are some of our activities in 2014 - 2016

Royal Berkshire Hospital

In 2013 the Empowerment Group met with staff from the Royal Berkshire Hospital to look at how to make wards dementia-friendly. This was followed up with a visit by the group to look at how to improve signage around the hospital.

In July 2014 the members of the group undertook a follow-up visit to appraise the improvements that have been made.



We followed this up with subsequent visits including a trip in April 2016 to see what progress had been made and to make more suggestions.

We have been invited back in November 2016 for another visit.

The General Election of 2015

A delegation from the Empowerment Group met with Rob Wilson MP for Reading East and Minister for Civic Society during the General Election campaign. This was to discuss his views on how he would support people with dementia if he retains his seat in Parliament.



We continued on the General Election Campaign Trail and met a Labour candidate and also invited candidates from other parties to visit us.