



SCOTTISH UPDATE

Paul Thomas, DEEP Coordinator North UK, 07510284760 paul@myid.org.uk
October 2016.

Dear Friends,

I am writing to you to invite your interest in helping to develop the DEEP network in Scotland. Below are some current opportunities for involvement for people living with dementia in Scotland through our DEEP network, which is part of the DEEP UK network.

Banking and dementia

IBM and Royal Bank of Scotland are asking for people living with dementia to get involved in a pilot project they are consulting on. This project is aimed at developing systems and principles aimed at supporting the security and safety of banking systems in the UK for people living with dementia. Agnes Houston of ALUMNI and I have attended a preliminary workshop and if you would like to organise speaking with or meeting with IBM/RBS please contact:

Maxine MacKie, Innovations Consultant, IBM. maxine.mackie@uk.ibm.com
telephone 07917232701.

Although their deadline is quite short (pilot consultation ends 31st October) I am sure Maxine would be very interested in hearing from you if you are interested.

Annual GP dementia reviews in Scotland

The ALUMNI Group in Glasgow have asked that the DEEP network supports them in exploring experiences of GP dementia reviews.

Initial questions include:

- People living with a dementia diagnosis in different parts of Scotland have different experiences of GP dementia reviews. Some people have them regularly, and some not at all.
- There is some confusion about whether there is an entitlement to a GP dementia review. The policy literature is very unclear.
- Does your GP offer an annual dementia review?
- **Would you be interested in sharing your experience to help develop ALUMNI/DEEP Guidelines for a GP led dementia review?** e.g. - Many people feel that such a review should be focused on dementia and not just a footnote to another consultation. Sensory and other related health issues could be assessed and referrals considered for specialist review.
- Should carers also have annual GP based reviews?

These are just some of the questions ALUMNI and DEEP would like to consider, and we are currently researching how these questions relate to local Dementia Strategies across Scotland. If you would like to take part in or contribute to this piece of work, please contact me at paul@myid.org.uk tel 07510284760 in by Friday 18th November in the first instance.

DEEP grants available in Scotland now!

DEEP Involvement Fund and Working Together Grants are now available in Scotland. Applications are invited by 17th November, with a very quick turnaround (decisions by end week 21st November). £10,000 is available for Involvement Grants (an upper limit of £2,000 per application) and £15,000 for Working Together Grants (Upper limit of £7,500 per application).

Involvement Grants help groups to develop and deliver their local influencing work, and Working Together Grants are focused on helping groups to work together to benefit the DEEP network.

Depending on the number of applications, levels of grants awarded may be adjusted. You should have already received forms and guidance from me, but if you have not or want forms or discussion please do not hesitate to contact me on paul@myid.org.uk tel: 07510284760, or Rachael Litherland at Innovations in Dementia at rachael@innovationsindementia.orh.uk tel: 01392 420076

Scottish based DEEP led Conferences in 2017

The Life Changes Trust has asked the DEEP network to facilitate a ground breaking Conference Project in Scotland. We want to run this project in March and April 2017.

The Conference Project will be organised by and run by and for People living with dementia in Scotland. This will provide a marvellous opportunity to discuss and share experience in depth, and develop issues which are based on that experience. Philly Hare, from Innovations in Dementia and myself will assist with all the nuts and bolts.

We would be keen to welcome anyone living with dementia to join a working group to consider and implement the What, When, Where, Why and How of this exciting project with us.

Currently we have thought about holding up to three regional conferences for up to 35/40 people each. These could be held in the North of Scotland, the Central Belt and the South of Scotland for instance. The advantage of this option is that everyone can be involved, travel times and distances more manageable, and more local issues shared. We would see the conferences being overnight: beginning with lunch, with an afternoon's conference activity, an evening meal and free time (or entertainment?) and a morning conference session before closing at lunch time.

Following these three local conferences we have considered a national day conference to which we can invite professionals and service providers to attend and hear about the work of the Conferences.

There is an open agenda at present and none of this will happen without the involvement of yourselves. If your group would like to contribute to this project please contact me at the earliest opportunity and we can organise ourselves so that we can produce, together, a conference project which will make a real difference.

Current DEEP networks which could enhance this project or provide discussion issues include:

- DEEP Rural Network
- Remote Communities
- GP Dementia Reviews
- Post Diagnostic Support
- Care Home Network/Involving People with Advanced Dementia
- DEEP Network experiences in England, Wales and Northern Ireland.

But these are only ideas, and I look forward to your involvement, which will be the most important contribution!

Warm regards and I look forward to hearing from you soon. I attach a feedback form which you can use to let us know who would like to be involved from your group or network. This is the beginning of this piece of work so the sooner we hear from you the sooner we can get cracking!

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